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COOK

Taylor's

...1904...

CALENDAR COOK BOOK.

Published by

The Red Cross Pharmacy,

W. A. VROOMAN,

PHARMAGEUTICAL CHEMIST,

(Successor to JOS, TAYLOR,)

Pratt Block, - PORTAGE LA PRAIRIE, MAN.

TO MY OLD CUSTOMERS

After serving you to the best of my ability for the past twenty years, I take this opportunity of thanking you for your patronage. My business has grown until it is one of the very best in the Province, but I have decided to sell out and seek a change for myself. Under the new management of my successor, Mr. W. A. Vrooman, the same square treatment will be given all customers as they have received in the past. You can RELY on what you buy at this store, and while quality will not be sacrificed for cheapness, you will find the prices uniformly fair and reasonable.

Read the advertising column of this Calendar Cook Book carefully and then call at the store as freely as in the past. Whether you want to buy or not, call in and make yourself at home. Your prescriptions and recipes are all at the store on file and can be filted as in the past. With your help this store will be made the best in the country, and I trust that you will continue your patronage.

Yours respectfully,

JOS. TAYLOR.

ECLIPSES, 1904

In the year 1904 there will be two eclipses, both of the Sun.

1.—An Annular Eclipse of the Sun, March 17. Visible to the Southern part of Asia, Jupan, the Philippine Islands, the Eastern half of Africa, and the Indian Ocean. Being annular along a line drawn just north of the Island of Madagascar across the Indian Ocean, the Malay Peninsular, Indo-China, and the northern end of the Island of Luzon.

11.—A Total Eclipse of the Sun, September 9. Visible to the western portion of South America, the Sandwich Islanda, Polynesia, and the Pacific Ocean. The path of totality extending from the Marshall Islands across the Pacific Ocean to the northern

part of Chili.

Aries, Ficad.

Gemini.

Leo. Heart. 🚅

Elbra. Reins. A.

Sa gittarius Thighs.

Aquarius. Legs.



Pisses, & Feet.

- Taurus,
- Cancer,
- Virgo.
- Seorpio.
- Capricornus, Knees.

MORNING AND EVENING STARS.

Mercuay will be Evening Star about January 1, April 21, August 19th and December 14, and Morning Star about February 10, June 8, and October 1.

VENUS will be Morning Star till July 7, then Evening Star the rent of the year.

JUPITER will be Evening Star till March 27, then Morning Star till October 18,
and then Evening Star again the rest of the year.

Nors. Although the times in this Atmause are calculated for Winnipeg, Calgary and Victoria only, the standard times at every place not differing much in latitude may be approximated by adding 4 minutes for every degree west and inabtracting 4 minutes for every degree east of Winnipeg.

Cakes, Etc.

Indian Pound Coke-Eight eggs, the weight of eight eggs of sugar, the weight of six eggs of Indian meal, half a pound of butter, one grated nutmeg. Stir the butter and augar to a cream, beat the yolks of the eggs in with the butter and sugar, and whish the whites perfectly light; stir the meal into the creamed butter, sugar and eggs; add the nutmeg and stir all well, adding the frothed whites the last thing. Pour into a buttered cake pan and bake in a moderate oven. This cake is delicious.

Spice Coke-Before beginning to mix the cake pick over and wash with cold water a cupful of dried currants and rub them on a clean towel; stone a cupful of raisins and slice two ounces of citron; butter a large bake pan, or line one with buttered paper. When all these preparalions are made, beat to a cream one cupful of butter, and two cupfuls of brown sugar; beat three eggs to a froth and stir them into the butter and sugar; then add to these ingredients a cupful of cold water, two tablespoonfuls of powdered cinnamon, half a teaspoonful of powdered cloves and half a nutmey, grated. Sift together three and a half cupfuls of flour, a level tenspoonful of salt, and two heaping teaand stir the flour quickly into the above-mentioned ingredients. When the flour is nearly mixed with this, add the fruit, prepared as already directed, then put the cake at once into the buttered pan, set in a moderate oven, and bake it for about half an hour, or until a broom splint run into it can be withdrawn without being sticky with uncooked cake. When the cake is done, open the oven door, and let the cake cool gradually in the oven. When quite cool take out of the pan.

Layer Cake-One cup sugar, butter the size of an egg, three eggs, five tableappointule milk, one cup flour, one-halt cup of corn starch, two teaspoonfuls of TAYLOR'S Baking Powder.

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At a very large cost we have purchased a valuable Reference Library containing the very latest Library containing the very latest Library containing the very latest compounding all kinds of recipes.

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purchased a valuable Reference Library containing the very latest and best recipes for all purposes. We place this at the disposal of our customers Fase or Cost. If you want a recipe for any purpose you are welcome to copy what you want from these valuable books. Tell us what you want and we well help you to find it.

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The Red Cross Pharmacy

(Farmerly Taylor's Grag Sites.)

PORCHOL LA PRAIRIE

20 Davs

PEBRUARY, 1904.

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Month.	HISTORICAL EVESTS.	Moon	Sun Rises.	Sun Sets.	Moon Rises	First Q	Moon's
Mon. Tuks Wap	Pro ification. Mendelssohn born, 1809 Marquis of Salisbury born, 1830		h. m. 7 36 7 34 7 33 7 31	h m. 4 51 4 53 4 35 4 57	h. m. rises. 6 45 8 4 9 33	Moon Quarter Moon	Phases.
SAT.	Sie Heavy Living horn, 1838 Sexugenima Sunday suou	和私内内	7 30 7 28 7 27 7 25	4 59 5 0 5 8 5 4	10 39 11 50 morn. 0 58	25m-p	SALIDERI M
Tues WELL Trees	Treny of Paris, 1693 Queen Victoria married, 40 Thos. A. Edison born, 47 Morms	2	7 a3 7 22 7 20	5 7 5 9	2 J 3 2 3 56	3933 22%24	- SALATA
SAT. Sun. Mon.	Caprain Cook killed, 1779	48	7 19 7 17 7 15 7 13	5 10 5 12 5 14 5 16	1 45 5 26 6 2 9cts.	E am-g	5
Tunk Water	Ash Wednesday Battle of Paardeberg, 1900	4	7 10 7 10 7 8	5 17 5 19 5 21	5 53 6 54 7 56	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	ALMANA
SAT.	Princess Louis lann, 1867	3	7 4 7 2	5 24 5 26 5 26	8 58 to 1		
Tues WED.	Sir J. Reynolds died, 1791 Aigh John Kints, poet, born, 1841	11	7 0 6 58 6 56 6 54	5 27 5 29 5 31	morn. 0 11 1 15 2 17	n n − min	PROCESIA
FRID.		94 94	6 54 6 52 6 50 6 48	5 31 5 34 5 36 5 38	3 17	25 mm m m m m m m m m m m m m m m m m m	A.

8-Talking about trained dogs, Dawson is going to make a bischemith out of his setter

1-Why, does he show one marked intelligence in that direction ?

H-Yes! even now when his master gloes the signal he will make a boit-for the door.

J-J made a discovery to-day.

s - What was it?

3-I found out I was good looking.

5 How did you find that out?

I-I was coming out of the station and there were about a dozen hack men calling to me "Hansome, Hansome".

9 - Did you think they meant you?

I-Why of course they meant me.

S-Nothing of the sort, they referred to their entriogen.

J-Well that's the first time I won ever taken for a carriage

8 - I fell off a 65 ft ladder yesterday.

J-It's a miracle you weren't killed. S-Oh! Lonly fell off the first round.

8-Have you beard the stary about the procock ! I-No.

8-it's a beautiful tale.

I-I took a tramp on to the water-works to-

day. 5-Did you leave him there !

R-I hear your einter married a rich busbaud? I-No, he's a rich man but a pour bushaud

5-Why do you call your horse "Regulator"? I-Breauce all the other horses go by him.

Cakes, Etc.

Piole Sponge Cake—Three eggs, one cup sugar, three tablespoonfuls sweet milk, one cup flour, one teaspoonful of TAYLOR'S Baking Powder. Flavor and bake in a loaf, and the quicker a cake is ready for the oven the better the result, provided of course that the oven is properly heated.

Mickery-Nut Coke-Beat half a cupful of butter to a cream; add a cupful and a half of powdered sugar, beat until light. Measure two-thirds of a cupful of water; add one teaspoonful of TAYLOR'S Baking Powder to two cupfuls of flour and sift. Beat the whites of four eggs to a stiff froth; add the water and flour alternately; beat until smooth. Then add one-half the whites, fold in carefully and add one cupful of chopped bickery-nut kernels; then add the remainder of the whites. Bake in a round, deep cake-pan or Tuck's head in a moderate oven for three-quarters of an hour. Ice with soft icing and decorate with balfs of hickory-

invalids' Cake—One pound flour, one and one-half teaspoonfuls of Tavion's Baking Pewder, two ounces of butter, two ounces white sugar, one-half pint of milk. Make milk and sugar luke warm, then add flour and butter which has been mixad together. Roll as thin as possible. More flour is sometimes needed.

Spanish Bun—Four eggs, leaving out the whites of three for icing, two cups of sugar, three-quarters cup of butter, one cup of milk, two cups flour, three teaspoonfuls of TAYLOR's Baking Powder, one teaspoonful ground cinnamon, one teaspoonful ground cloves and one nut meg. Bake in a long pan, Beat the whites of the eggs to a stiff froth and add a teaspoonful of white sugar. When the cake is baked, spread on the eggs and let brown a little.

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Prait Block, . . PORTAGE LA PRAIRIE.

MARCH 1904.

21 Days

A ST	7-4	HOPOISICAL EVENTS.	Moon's Signs.	V	Vinner	66	222		1 2
Month	Day	TOPPOSICAL PARAME	Mo Sign	Sun Rises.	Sets.	Moon Rises.	First M.	-	1, tido py
3	TURN. WED. THUR. FRID.	St. David's Day. sharp frost, Massacre at Frog Lake, 85,600 Gen. Methuca captured, 'on E. Scott murdered at Fort Garry	**	h. m. 6 44 6 42 6 40 6 38	h. m. 5 41 5 43 5 44	h. m. rises. 6 53 8 17	Moon Moon	Moon	Phises.
5	SAT.	Gatacre took Stormberg, 1900 Artemus Word died, 1876	4499	6 36	5 46	9 87 to 40	== 3.		1.
	Mos.	Florida became a State, '44	45	6 31	5 49	more.	-=	-	Nik
8	Tous.	Rise of Paris Commone, 1871	9	6 29	5 50	0 51			16
9	WED.	Americus Vespucius h., 1451 ruin	8	6 27	5 54	1 49	6.0 = 5	8.	SECTION
10	THUR.	Edward VII. married, 1863 or	*	6 25	5 56	2.41	3	-	15
11	FRIB.	Chas. Sumner died, 1874 answ.	3	6 23	5 57	3 24			
12	Sun.	Bloomfontein occupied '00	1	6 20	5 59	6 1		-	_
13	Mon.	Emp'r of Russia, assn'd, '80	4	6 18	6 3	4 35	w # Z .		1
	Tuss.	Cornwallis defeats Am'rens, Br	4	6 14	6 4	5 33			10
15	WED.	Duchess of Kent died, 1861	4	6 12	6 5	sets.	to = 5 4	45	lè
	Taus.	Q St. Patrick's Day. milder	8	6 10	6 7	6 50			VARIAN.
16	Fatb.	Completion of Sues Canal.	20.00	6 8	6 8		-w 3	-	Į.
19	SAT.	Lucknow taken, 1858 changeable	2	6 6	6 10	7 54 8 57			15
20	Sun.	Sir Isaac Newton d, 1727	3	0 4	6 12	10 2	3		1
26	MON.	Crete blockaded, 1897		6 2	6 13	16 7			_
22	TURS.	Win. I. of Prussia born, 1797	0.5	5 59	6 15	morn.	And 26 19	-	t i
23	WED	Halifax Gasette ist pub. 1752	en*	5 57	6 16	0 8			١.
24	THUL.	H. M. S. Eurydice foundered, '78	00	5 55	6 18	1 8			12
25	Pato.	Annunciation-Lady Day.	99	5 53	6 20	. 3	4-60	Di-	13
#6	SAT.	Death of Cecil Rhodes, 1903 Palm Sunday, with	=	5 51	6 21	# 51		14 H	MOLDI
25	Sun. Mon.	Palm Sunday. with Capadians sailed for Africa	-62	5 48	6 23	3 35		-	15
20	Turs.	Dr. Ray Palmer d., 1887	-	5 46	6 26	4 14	PPP	7	1
30	WED.	Crimea War anded, 1856	7	5 44	6 26	4 49			-
31		Treaty of Paris, 1856 aforms.	2	5 48	6 20	1 20 rises.			

5-On you know I had one of the funniest experfences to day that I ever had in my life. I was out Sching, when I put my hand in mp pocket to get my knife. I pulled outgmy/pocket book and it fell over board.

I - Well that was too bad; was there very much money in it?

money in it?

S-Yes, there was \$15.00 in bills and 100 shares of Baltread stock. It made me feel awful bad, acc? It was all 1 had in the world. But the funniest part of the story is that a few hours after I caught a great big fish and on ripping it apen what do you think? There was my pocket book inside that fish with my \$35.00 in money and 300 shares of Snifrood stock.

J-On come! You just said just now that you only had 100 shares of stock.

S-That's all right, you are the stock was watered.

watered.

5-You know those two sixters you go with are always forgetting their ages-

J-They ought to put them down.
S-That's the trouble, they put them down several times and that's the reason they are growing so forgesful.

J-The senson I'm so foud of Carrie C. Is that when other girls are proud of Roglish descentor American, who is content to stand up and claim to be just a plain Canadian. 2-Well, you might be thankful that she's no string.

ptriper.

J-Riley drank a quart of whiskey at the wake &-Did any one know he was drunk?

8-Sure! The fellow in the come was dand next to him.

Cakes, Etc.

Chacelete Coke—One cup limiter, two cups sugar, two and a half cups of flour, five eggs, one cup milk, two teaspoonfuls of TAYLOR'S Baking Powder, one-half cake chocolate, grated. Put in chocolate just before adding the flour, bake in jelly tins, ice with chocolate.

Sheet Cake—No. 1. One and one-half cupfuls of sugar, three-quarters cupful of milk, two and one-quarter cupfuls of flour, two eggs, butter the size of two eggs, two tablespoonfuls of Taylor's Baking Powder. Put together in this order: One and a-half cupfuls of sugar and butter well creamed; add the beaten whites then the milk, (putting one teasyoonful of vanills and one-half teaspoonful of lemon). Add the flour (with the Powder in it) and last the beaten yolks. It will be a nice, fine-grained cake. Bake about about forty-five minutes in a fair oven.

No. 2. ORANGE CAKE— To No. 1 add the rind of half an orange, and a teaspoonful of orange essence—of course omitting the vanilla, etc.

No. 3. Atmond CARE—To No. 1. add a tablespoonful of almond extract, and before baking spread over the top one-hall cupful of chopped almonds.

No. 4. COCOMNUT CARE—To No. 1 add a cupful of cocomiut (the unawectened) to the butter and sugar, and one-half teaspoonful of lemon extract.

No. 5 CURRANT CAKE—To. No. 1 add two cupfuls of prepared currants and a teaspoonful of lemon extract.

Sponge Cake—Three eggs, two cups of sugar, two cups of flour, one-half cup of cold water, one and a half teasponnfuls of Tavida's Baking Powder. Beat the eggs five minutes, add the sugar and beat ten; add one cup of flour, then the water and rest of flour with Baking Powder. Flavor with lemon.

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Pratt Block. - - PORTAGE LA PRAIRIE.

APEEL, 1904.

30 Days.

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w. I were a fellow on the trace this evening that mainted thing about cover possible thing.

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to be the ar not be said [] but you don't have you said with have

a. It was be see her bem then?

A. No. Chen we examine to refer to the engine and too house reciteder. I went up to be by when he or our of these reciteders is not up to be the feeting man going up just as I maned him he en led out. I'll het pon \$10-0° I'll gid up higher than you did!"

J. He was a crueber jorb.

they are to a night before

I yes teat colleget but a mon who was t

- I have your friend shitch has gone abroad.

 That was a no it. I maked the appeared you shread the last tem we may
 - J. How a year brother !
- 5 Way my brusher to same fee three punct. J. Yes, I was there. I thought he would have

gol fru. I We'l my brother's amost

J. Chees that I dod not think they would get bire

6-Well never mind my bruther

- I I have have to There's man paid for more up him.
 - Where did you get that hele on your voot?
 From the bond of this bod.

Cakes, Etc.

Orange Cake. One cup sugar, half cup butter, yolks of three eggs, raice of one large orange, half cup sweet milk, one and two-thirds cups flour, two teaspoonfuls of TAYLORS Baking Powder Rub the sugar and butter to a cream. Add the eggs and brange juice. Sift the Baking Powder into flour, and add the flour and milk alternately. The whites of the eggs is to be folded in last. Bake in layers, in an oven not to hot.

Auget Cake—Whites of eleven eggs, one and a half cops sugar, one cup flour, one teaspoonful vanilla, one teaspoonful cream tartar, add cream of tartar to flour and saft five times. Have the whites beaten very stiff, and to them add the sugar very carefully and then the flour. Turn into an angel cake tin and bake slowly for three-quarters to one hour in a veside down, letting it rest on two cups until cold.

Phem Cuke—One pound flour, onequarter pound of butter half-pound sugar, half-pound currants, two ounces candied lemon peel, half pint milk, two teaspoonfuls of Taylou s Baking Powder. Mode Put the flour in basin, with sugar, currants and sliced candied peel; beat the butter to a cream and mix these ingredients together with the milk, add it to dough and beat the whole well until everything is thoroughly mixed. Put the dough into a buttered tin and bake the cake one and a-balf to two hours.

Seed Cake. One pound butter, one pound sugar, one and a quarter pounds flour, four eggs, one teaspoonful of carramar seeds, three teaspoonsfuls of TAYLOR's Baking Powder, a little mak

Cup Cuke—Butter the size of an egg, two cups of sugar, three cups flour, four eggs, one cup sweet milk, three tablespoonule of TAYLOR'S Baking Powder in flour Flavor to taste,

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Pratt Block. PORTAGE LA PRAIRIE.

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5. He was been for I proposed to a gerillest Great Sec.

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Tuna, See A. A. Dorson died, aller

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THUR. || Victoria, H.C. desart's 96 (#)

Free State annexed, 1900

Battle of Fort George, 1813

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But she was

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3. The locinter and night employeed to so the magnetic to go and from such

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\$ Well, he sweet up and down he didn't

2 Why do you think succeptions are re Implement

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J. I didn't know they were

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it. Wall, they first sing over you and then they prep eq pon

8. Do you know they have a great felt weigh ing machine like a clock in the stateon waiting races I

What do they have that there for !

Photography the fed by can put a vage of account.

5 - Did it take you love to learn to set a rattrap ?

I Het after I get my based to

Cakes, Etc.

Fried Cakes—One cup of sugar, two eggs, two tablespoonfuls (no more) melted butter, two-thirds cup of milk, punch of salt, a little nothing, two teaspoonfuls of Tarton's Baking Powder. Mix to a stiff batter, Fry in boiling land.

Strawberry Short Cake—Two table spoonfuls of sagar, three tablespoonfuls melted butter, one egg, one cup of milk, one pint flour, one-quarter leaspoonful of salt, two teaspoonfuls of Taylon's Baking Powder sited in the flour. Str well and bake in one pan.

Relain Cake—One cup butter, two cups white or brown sugar, half pound raisins, one-half an onnce of orange peel, one large cup milk, teaspoonful lemon piece, three teaspoonfuls of Tayloa's Baking Powder flour enough to make a good thick batter. Bake in a moderate oven.

Mople Sugar Cake -- A delicious maple sogar cake that an old housekeeper makes takes one cup sugar, one half cup of butter, one-half cup of milk, three eggs, the whites of two removed. Add lastly one and a half cups of flour, in which one henping teaspoonful of Taylon's Buking Powder has been stired. It will make two long cakes. For the filling, take enough maple sugar to make a copful when it has been melted on the stove, w. b. as little water as possible, and the whites of the two eggs beaten stiff, with two tablespoonfuls of powdered sugar. Pour the maple sugar on the eggs hot, and beat all together until cool enough to spread. Spread on one cake for filling, place the other on it, and frost with the remainder of the maple sugar meature.

Jumbles—Two cups sugar, one cup batter, one cup sweet milk, four cups flour, three eggs, three teaspoonfuls of Taylon's Baking Powder. Mix thoroughly and drop on buttered tros. Sprinkle with sugar before baking.

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J.-It a faith to a girl hope to a poung man that charity to up old updd

Cakes, Etc

Rice Griddle Cakes—Boil one cup of rice. Beat together three eggs, adding three cups of milk with the rice, and sift into this half a cup of flour to which a pinch of salt and TAYLORS Baking Powder has been added. Fry and serve immediately

Orep Cookles—One cupful of sugar, one-balf cupful butter, one cupful mule whites of two eggs, two sponnfuls of Taylors Baking Powder, one-half nutmeg, and flour enough to stir very stiff Drop in small spoonfuls on a buttered important to the top with English currants and sugar, and bake quickly. These are very fine.

Spice Cake—One-half cup brown sugar, one-half cup butter one-half cup motasses, one-half cup sweet milk, two eggs, one teaspoonful cionamon, one-half teaspoonful cloves, two teaspoonfuls of Taylons Baking Powder, two cups flour. This is also for either a loaf or a layer cake.

Rock Cake—One cup sugar, two tablespoons butter, two eggs, two cups flour, two teaspoonfuls of Taylon's Baking Powder, two cups currants. Drop from a spoon in small cakes.

Scores—Three cups afted flour, add three teaspoonfuls of Taylou's Baking Powder, and half a leaspoonful salt; then sift again. Mix one teaspoon granulated sugar with three teaspoons cold butter (cul in dice), and one cup milk, add the Bour to the mixture, handling as little as possible. Cut into three portions, make with a silver kinfe a + and bake twenty minutes. On removing from oven rub over with a little butter.

Corn Maffins—Beat two eggs very light, add one teaspoonful of melted butter, one tablespoonful of brown sugar, two teacupfuls corn meal, one heaping tablespoonful of flour, to which add one teaspoonful of Taylou's Baking Powder and a capful of soilk. Mix thoroughly, pour into greased multin imp and bake in a quick oven.

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B. Talking shoot measuretess, I could put you mader the full sence and rob you of your watch if I wanted to

J. Veg ! I guess and

& Yes I can. Now just stand on thet chair and when I tell you to come down three times pop will come down.

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Desserte, Etc.

A Dainty Densert—Line a glass bowl with slices of sponge cake or tadies fingers, ful the bowl with sliced bananas squeeze the juice and pulp from a quart of blackberries sweeten it well, then pour it over the bananas, sland on ice until ice cold then cover with a deep layer of whipped cream and serve.

Prime Shape One and one-half pounds of best primes (or figs), stew with a lette sugar till quite tender. Strain the quid from them and take out the stones one six-ounce packet of gelatine, dissolved in one put of cold water. Then add a small half-pint of boiling water mixed with juice of primes, add one cup sugar and a few drops of ratafia. Place the primes around the mould and pour liquid over let it stand tit quite cold. Blanched almonds are an improvement.

Strawberry Mould-Line a bowl with nicely flavored lenton jelly. Then put in a layer of strawberries, freed from their stacks and cut in halves. Setting this layer with a little more jelly, have a smaller mould the same shape as the first; stand it in the centre of the larger mould (failing a mound use a small, round tin or jam pot), and fill outer circumference with alternate layers of the strawberries and lemon year. Place the mould on ice to set, and meanwhile whip half a pint of cream to a stoff froth, adding about onequarter of an ounce of best leaf gelatme. d solved in a very little water or milk, and very gradually add to this a cupful of slawberry pulp (obtain by mashing fruit through sieve), sweetened to taste. When the jelly is set, remove the inner mould by pouring a little warm water into it and lifting out as quickly as possible. Then fill up the space thus left with the whipped ed cream and strawberry pulp, and put the mould buck on the ice for an hour or two, when it can be turned out and served with cream.

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ith Month.

AUGUST, 1864.

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B. 1 haven tany ofen.

J. Well sir I found mypell out on the engine should have a with the Bremen. Were you ever on a strantisms when the boiler busted?

5. We server J. Well of you over new past the miquids the botter busts, that a the time for you to go. Well

Desserts

Andresia - One pneapple chopped quite fine, one-half box of strawbernes, six bananas sliced and the slices quartered, six oranges fliced and the slices quartered, one lemon on fine, sweeten to taste. Add one wineglassful of sherry and set away until cold.

Charlotte Russe — One pint cream, one-quarter cup sugar, whites of two eggs, one tenspoonful granulated gelatine. Dissolve gelatine in as ittle boi in g water as possible, whip cream and beat eggs very light, add all together and pour into mould lined with lady fingers.

Pincapple Cream -Four eggs oneball pint midk, one-ball pint double cream, three-quarters ource of gelatine, threeounces sugar. Take the pincapple and firm well, cut in ball, cut one-ball in dice, the other had pound in mortar and pass through a hair sieve. Whip the cream, add the juice of pine, also the dice of pine, dissolve the gelatine in a gill of the pincapple syrup, add sugar, when cold add cream, and pour it into a decorated mould and set on ice

Strawberry Sherbel — One pint of bernes, one pint of granulated sugar, one pint of water, juice of two lemons, one tablespoonful of gelatine. Dissolve the gelutine in the water, add berries and sugar, and last of aid the lemon juice. Stirlightly and freeze.

Caramel Custord—One quart mik, yolks two eggs one cup white sugar, two tablespoons cornstarch, one-half large cup of caramel. Str all together carefully, cooking in a double boiler. Serve cold, with whipped cream.

To make the caramel.—Two cups white sugar, one-half cup water. Put on a hot fire in a frying-pan, and stir constantly and it humb a dark brown color and hecomes liquid. Remove from the fire and add one-half large cup of boiling water. Set away when cool in a jar for use. Will keep for weeks.

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Soups, Etc.

Tometo Beublon- One can tomatoes. one and one half quarts stock, one tablespoon chopped ontoo, two bay leaves, four whole cloves, one level teaspoor celery seed, whites three eggs, two tables spoons salt. Put tematous and stock over fire; add onion, bay leaves, cloves, celery and pepper Cover and cook twenty minutes. Strain through a sieve. Beat whites of eggs till partly light, add these to tomato, bring to a boil and boil rapidly five minutes. Strain through two thicknesses of cheesecloth. Re-heat. season with sail and serve with tiny cubes of coasteu bread.

Potato Soup: One carrot, one onion, two large potatoes chopped fine. Boil and put through a colonder; then adopepper and salt to taste, add a good size piece of botter, and one quart of muc, let come to a boil and serve.

Chicken Broth Cat up a chicken, sprinkle a little sait over it, and put outo three quarts of cold, water and set it on a Quak fire. When it comes to a boil set it where it will only sammer. When the meat is cooked tender you can take out the white parts, left og the rest remain until it is boiled from the bones. Mince 6 se the white part and then pound it in a mortar, adding as you pound it sufficient of the chicken water to thin it. You may thin it with water unto it becomes bound enough to drink. Put in a saucepan and boil it a few minutes. This is caused chicken panàda, and takon in small quantities will be found very natritious. The broth may be thickened a little with rice. or may have some bread tosated very brown, not burned, and broken up in the hottom of the soup plate, and the broth poured over at

Bean Soup -One Pint beans four quarts water, bod one hour, then put in a small piece of fat beef and boil two bours. Mager and strate, add salt and pepper to taste. If too thin add one tablespoonful of flour

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OCTOBER, 1904.

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- J. You be a dot one porce.

 8. Thought he'd like the pole Nebt work

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- B -If you are in doubt shout kinding a girl mbat du yeu da !
 - J. Give her the largest of the doubt

Meat, Etc.

Beef Caken—One pound of under-cooked roast beef, one-quarter pound of ham or bacon, a teaspoonful of sweet herbs, seasoning of pepper and salt, one large egg. Mince the beef and ham, add herbs, etc., and mix with the egg, which must be previously well-beaten; brush each cake over with a little white of egg, cover with bread crumbs, and fry quickly for five minutes.

Favorite Meet Ple - Take cold roast beef, or roast meat of any kind; slice it thin, out it rather smal, and lay it, wet with gravy and sufficiently peppered and salted, in a meat pie dish. If liked, a small onion may be chopped fine and sprinkled over it. Over the meat pour a cupful of stewed tomatoes, a little more pepper, and a thick layer of mashed potatoes. Bake slowly in a moderate oven til the top is a light brown. This makes a very good dish, and is a very great favorite with parties who no not usually file meat pie.

Sausage Rolls. Fry one pound of sausage. Make a good bisent dough, roll each sausage in a small piece of the dough rolled thin. Bake until a nice brown. Save the sausage gravy to be eaten with colls. Nice for its.

Smothered Chicken—Dress a chuken, cutting open at the back, as for bothing ; lay to a baking pan, the outside upwards ; sprinkle with salt and pepper, and a lump of batter here and there , plenty of water for basting , then cover tightly with another pan , baste often , bake one hour Make gravy in the ordinary manner. This way of cooking gives them a flavor not obtained in any other way

Stuffing for a Turkey or Chicken-Take some bread crumbs and turn on just hot water enough to moisten them; put in a piece of butter, not melted the size of a hens egg; add a spoonful of pulverized sago, a teaspoonful of ground peoper, and a teaspoonful of salt; mix thoroughly and stuff your bird.

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NAVEMBER, 1994

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h. I was down at the greens this other must and I don't shiply much of the man in charge of the J- Why?

g. Well you know when I saked him when they led the agamain he wanted to know if I wan secting handly

F. Do you know my dog to longer to the more tog then he is at night

I flecture I let him out is the marning and take hop in at wight.

2—to your watch all right now? 6—10, but it is galaxing

\$ -1 got a cheep drink this morning Jos

f. How was that I maked the bar tender () be would take the last cent a man had for a drink and he mad be cent a man had for a drink his baryon and place him to man had for a

J- Whey I was down in Foresta I stopped at the new his hote: A I suppose they made you or they wouldn't

have given you a route.

B. Whot did 3,40% wide turn, into ? J. mail: D- But what before that ?

3 flive il up.

Fish, Etc.

Baked Fish Take any cold-boiled fish, free from bones (canned sa mon will do), pour over it a cup or more of cream or milk mixed with a little floar, butter, pepper, and said. Put small hits of butter on top, and bake one bad-hour. Cracker crimbs are an improvement.

Moulded Salmon One-half pound of cold-boned salmon, two eggs beaten light, two taolespoorbals of batter (melled, but not hot), one tablespoorful of fine bread-crumbs, seasoning of pepper, salt, and smeed parsley. Chop the fish fine, then rub it in a mortar or bowl with the back of a saver spoon, adding the buster outil it is a smooth paster; beat the breadcrumbs into the eggs, and season before working together. Put I into a buttered pudding-mould, and steam or boil for half an home.

Sauce for the above. One cap of milk heated to a boil and thickened with a tablespoonful of corollour, one large spoonful of butter, one raw egg, one teaspoorful of anchovy, mushroom or tomate catsup, a small putch of mace, and one of cayenne. But the egg in last, and very carefully boil one minute to cook it, and when the pudd og is turned from the mould, pour over it and serve. This is a nice supper dish, and canned samon may be used for it if liked and the liquor added to the sauce

Figure Moddle Wash thoroughly, maye in cold water ball an hour, then for five muncles in very hot. Wipe, rub over with butter and lemon juice and broil filten minutes.

Fried Fregs Legs.-Only the hind legs are entable. They are very good, having a curious resemblance to the most detecate spring clucken. Skio, wash, and lay in milk for fifteen minutes. Without wiping them, pepper and sail, and coat them with flour. Fry in deep boiling fat to a ght brown. Or—Wipe off the milk, dip in egg and pounded cracker, and fry

Christmas Suggestions

Perfumes of the finest quality nurristic bottles and hoxes, designed by the artests of Paris and New York

Hair Brushes in Ebony, Pyra'in, Alummum and Choice Woods.

Travelling Cases.

Tollet Cases.

Shaving Sets.

Atomizera.

Mirrora Elegant Hand Mirrors, Duplicate Mirrors and Triplicate Mirrors.

Fancy Goods of various kinds

Our stock in these lines is very choice.

We Wish you a Meery Christman.

"THE RED CROSS PHARMACY."

(Formoris Taylor's Brog Store.)

Pratt Block, PORTAGE LA PRAIRIE.

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July het I have the heat piece of land in Canada. A few yearsage at I was waiting along to the field smoking I threw a match on the ground. Next year on the same spot what do you think I found?

B- I don (know

1 - why a telegroph pole.

\$-Thet's not be I as good as a piece of land I own up north of Winnipers.

I - What about it?

B-I was out for a walk and dropped a steel and next year what do you think I found Ibere?

3 Steel rauge I suppose ?

3. Better than that! The Grand Trunk Pacific BAUFET

6— Did you bear about die hig fight down a 5mt b v bake shop?

3. No Wha was stabout?

3. Two state burn got (resh.

I- Did you ever read "The Skynctaper?"

N-No 1 You night to. There are 18 good staries (0.1).

0-1) the devil tool his tail, where would be go to get another one? J-To a liquor afore where they retail spirits

OUR HOUSEKEEPERS' NOTE BOOK.

A dash of salt added to the whiter of eggs makes them whip better,

Not a speck of the yolk must get into the whites which are to be whipped.

First the whipped whites into any mixture rather than stir them in, as the latter method breaks the air cells

Add a tablespoonful of water to an eggused for crumbling in order to remove the accuracy.

Use a double boiler for milk

Milk is scalded when the water in the lower pan bods

A pinch of becarbonate of soda mixed with tomato before milk or cream is added prevents the milk from cuedling.

With sour milk, or molanes, use mile instead of baking powder.

Milk and butter should be kept in clonely covered vessels, as they readily absorb flavor and odor from other articles

Butter added slowly in small bits to creamy mixtures or sauces, prevents a greasy size forming

Crumbs grated directly from the loaf give a more delicate color than dried crumbs to feed articles.

Dried crumbs absorb more mossters, and are better for watery dishes.

Crumbs speed over the tops of dishes should be mixed evenly with method butter ever the fire; this is a better method than having lumps of butter dotted over the crumbs after they are spread.

When the sauce bubbles through the crumbs on top of a scollop dish, the cooking is completed.

Meat should not be washed. It can be eleaned by rabbing with a wet cloth, or by scraping with a knife

Drippings are better than water for hanting meats.

Masta should not be pierced while cook-

Soak salt fish with the skin side up over right. Change the water several times.

To skim sauces, draw the anocepan to the side of the fire, throw in a teaspoonful of cold water, and the greams will rise so that it can be easily taken off.

A few drops of onion juxes improve made-over meat dishes; not enough need be used to give a pronounced onion flavor

The alterning from soups, drippings from any beef roasts, and trimmings from any beef, serve the same uses as lard, cottolene, or butter

To extract onion pince, press the raw purface of an onion against a grater, move it slightly, and the juice will run off the point of the grater.

Chop seet in a cool place, and agrinkle it with floor to prevent its oiling and atick-ing together. Remove the membrane before chopping it.

Add a few drops of rose-water to almonds to prevent their dwing when shopped or powished

When mixing a liquid with a solid material, add but little liquid at a time and stir constantly to prevent lumping

Grease moulds evenly with butter or oil, using a brush. Lumps of butter on the side of moulds issue an uneven surface on the article cooked or moulded on them. Moulds for jellies are not greased.

It is desirable to pass all liquid maximes through a strainer to make them perfectly amough.

Any flavoring is added after the mixture is cooked, excepting for baked dishes. Wine moreones the taste of sait, therefore, where wine is used for flavoring, very little sait should be put as until after the wine is used, when more can be added if necessary.

Dishes which are to be frozen need an extra amount of aweetening

Flour raisins before adding them to a mixture is order to prevent their settling to the bottom

Never siam the oven door, or jar any causing material while it is bulling

Miscellaneous.

Chicken Salad—Two large cold fowls, boiled with yolks of nine bard boiled eggn, half a pint of oream, half a pint of vinegar, a gill of mixed mustard, a small teaspoonful of salt, two large heads of celery. Out the chicken and celery into mich pieces, cover and set away, mash the yolks of eggs perfectly smooth, mix with vinegar, mustard, cayerne pepper and salt a long time together. Cover and set away, and five minutes before it is eaten pour the dressing over the chicken and celery, and drix well together.

Lemon Ple—Grated rind and juice of one lemon, to which add nearly a cup of sugar and a piece of butter half the size of an egg, into one cup of boiling water strone tablespoonful of corn starch, beaten with the yelks of two eggs, bake with an under crust, and when done, spread over the top the whites beaten stiff, with a lipowdered sugar, and return to the in brown.

Car grate cassi: on: Apple Dumplings. Take one cupsour cream to two cups of butchas a tempoonful of soda, a comake with these a nice it and cut it as for larver roll the biscut as fapples quarter, der, place the spice, the press a to all smooder flaver.

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AS TO DIET.

 for any form of rheumatism tyspepsia.

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ery for nervous-

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o se

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Try Watermelon for epilepsy and for yellow fever

Try lemons for feverish thirst in sickness, bihousness, low fevers, rheumatism coids, coughs, liver complaints, etc.

Try blackberries for diarrhoea.

Tomatoes are a gowerful aperient for the liver, a sovereign remeay for dyspepsis and for mogestion. They are invaluable in all conditions in which the use of caloniel is indicated.

Figs are aperient and wholesome. They are said to be valuable as a food for those suffering from cancer. They are used externally as well as internally

Bananas are ascful as a food for those suffering from obronic diarrhoes.

Pie-plant (rhubarb) is wholesome and aperient, in excellent for rheumatic sufferers and useful for purifying the blood.

Peanuts for adigestion. They are specially recommended for corpulent betes. Peanuts are made into a whole-ad nutritions scop, are browned a coffee, are easen as a relish or are prepared and served

n nervous dyspepsia, ad cina, and vitausclear the voice. be stomath, are insomna, and tains as much picasanter,

> upon the persons heing Shred e inne-

WEIGHTS AND MEASURES

FOR HOUSEKEEPERS.

2 Cups lard = 1 pound.

2 Cups butter = 1 pound.

4 Cups white flour = 1 pound.

41/2 Cups graham flour = 1 pound.

23/1 Cups corn meal = 1 pound.

2 Cups granulated sugar = 1 pound. 24 Cups powdered sugar = 1 pound.

11/2 Cups confectioner's sugar = 1 pound.

21/4 Cups brown sugar= 1 pound.

2 Cups raisins (packed) = r pound.

21/2 Cups currents = t pound.
2 Cups stale bread crumbs = 1 pound.

o Prince exists in bond.

2 Tablespoonfuls butter = 1 ounce.

4 Tablespoonfuls flour = 1 ounce.

6 Tablespoonfuls baking powder = 1/2 oz.

3 Teaspoonfuls = 1 tablespoonful.

16 Tablespoonfuls dry ingredient at cup.

4 Teaspoonfuls = 1 tablespoonful liquid.
4 Tablespoonfuls = 1 wineglass or ½ a gill.

2 Coffee-cupfuls = 1 pint.

2 Tablespoonfuls # (ounce, liquid.

Tablespoonful of sait = 1 ounce.

Terms Used in French Menus Explained for Benefit of the American Mostess.

- A la Normandie—A disb in which apples enter into the composition.
- A la Dauphinoise—Signifies a dish that is braised, covered with a thick sauce, crumbled, sauced or egged a second time and then fried.
- A la Parisienne-Diabes prepared richly and expensively garnished.
- A in Macedoine—A variety of green vegetables usually served in a white sauce. Sometimes different fruits imbedded in jelly.

A la Soubise—Applied to dishes containing opions in quantity sufficient to flavor them strongly. A la Crecy-Dishes in which carrots are freely used, referring oftenest to the purce.

A la maitro d'hotel-Signifies a substantial, but modest homely sort of cooking.

- A la Provencal—A dish prepared with olive oil, and flavored with garlic.
- A la Gerard—The name of an assistant cook who invented a dish to please the palate, and bear the name of Mine, de Maintenon. Upon tosting it he decided that it was not worthy the distinction, and therefore called it for himself.

Language of the Eyes-

Grey eyes which turn green with anger or excitement show that their possessor has a choleric temperament.

The white of the eyes showing beneath the iris denotes cool deliberation, while those in which the upper lid passes hocizontally across the pupil tell of decided mental ability.

Eyea with long, sharp corners indicate the possession of great discernment and penetration.

A melancholy temperament and blue cyes are a conjunction scarcely ever to be met with.

Brown eyes are said to be the strongest, though, again, those very pale blue eyes are the ones having mesmeric power.

Never trust a person that looks at you out of the side of his eyes. Of course babitually is here meant, and not once in awhile.

I Upturned eyes are typical of devotion, and wide open orbs tell us that their owner is of a rash disposition.

Perhaps the most beautiful color for eyes is voliet, a tint seen fairly often in the eyes of young children and kittens, but seldom preserved in mature years, though lerish people have more than their share of this especial beauty.

Children and the Moon.

To be born on the first day of a new moon means that the child will have a happy life and be rich.

A child born on the second day will grow apace, and it is also lucky on this day to sow seeds.

A child bore on the third day will have but a short life.

Never begin any work on the third day, it is not lucky.

The fourth day is also bad, and it is said that anyone falling ilt on this day rarely recovers.

The fifth day is said to be favorable to begin any work, although a child born on this day will be deceitful and proud.

The sixth day, it is said, is unlucky to the child born on it, as its life will be short.

The seventh day means that a child born will live long, but have many troubles.

The sighth day is a very prosperous one. The giath day promises that a child

born shall have riches and honors.

A child born on the tenth day will live long and be a great traveller.

The aleventh day is a lucky day to be married or take a journey.

A child born at the eleventh day of the moon will be healthy and handsome, and if a girl, will be remarkable for windom.

A child bors at the twelfth day of the moon will meet with every affection, but have a bad temper. It is an unlucky day especially to those falling sich.

A child born on the thirteenth day of the moon will be unfortunate, both in temper and riches. The thirteenth, however, is a good day for marriage, or to find anything that is lost.

A child born on the fourteenth day will not be lucky.

The fifteenth day is also an unlucky

The sixteenth day brings no luck to a child. It is a good day to buy or sell, and dreams portend luck on this day.

The seventeenth day of the mean, a child born will be foolish.

The eighteenth day is a lucky one for a maje or female child.

A nativity on the nineteeth day means that the child will be wise and most prosperous.

A child born on the twentieth day will be dishonest.

A child born on the twenty-first day of the moon will be of an unhappy disposition. An unhappy fatality attends this day.

On the twenty-second day a child that is born will come in for an estate, be handsome, good and well-beloved. This is a good day to remove bees.

On the twenty-third day of the moon a child that is born will have a very bad temper, he a great traveller, and die miserable. It is a good day to be married or to commence business.

How to Sleep.

Sleep is not only rest to the body, as most people think, but more particularly rest of the brain, and it is very essential that the nervous system should have a period of inactivity to build up as does the body.

Blood, during bodily and mental activity, is supplied to the brain for two purposes. 1st. It is supplied for mere nutrition's sake. and. To supply the amount of nerve force and activity to carry on the functions of active mental work. During sleep, the blood is carried to the brain only for nutrition, and consequently not as, much rest to the brain, but it does not follow that little can be of any quality; it must be good well aired, etc. So your sleeping apartments want to have as good and constant a supply of fresh air as does the place where the day of activity is spent.

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APPOINTED TO THE STATE OF THE S